

Joy's Free Quick Start Tarot Guide

About the Tarot

- What is tarot? The tarot is a set of cards that uses images to form stories that reflect our truth, guide our choices, and inspire our lives.
- What can I use tarot for? Predictions * Advice * Wisdom * Study * Meditation * Magic * Initiation * Games * Brainstorming * To Know Yourself
- How do I learn tarot? Get to know the images. Ask the five questions to understand the card. Then tell the story by finding the action in each card.

Ask the Five Questions

- Who is the character?
- What are they doing? The action, expressed as a verb, is the most important because it gives the plot.
- Where are they?
- What props and decorations are in the scene?
- What is the mood or atmosphere?

Tell the Story

- Plot and Character are the most important elements of stories.
- Plot is the action, or sequence of events.
- Character is the people involved, their how and why.
- Plot is the most important because life is composed of actions.
- The actions we take determine the outcome of our story.
- Action = verb. Things we did, are doing, will do or could do.
- When we look for the action in each card, the spread provides a to-do list of steps to reach the outcome we want.



Three Card Spread

Past, Present, Future

Day of the Week	Date	Time
Moon Phase	Deck	Spread Past, Present, Future
Personal Mood		
Question		

DIRECTIONS

- Mix the cards up, then pull three cards, as laid out below.
- Follow the guidelines on the facing page to interpret the cards.

Card 1

Past
(First)

Card 2

Present
(Second)

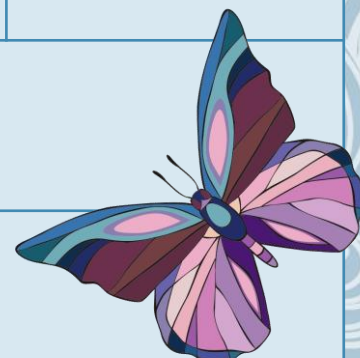
Card 3

Future
(Third)



Joy's Quick Start Tarot Interpretation Guidelines

	Card 1	Card 2	Card 3
Spread Position			
Who is in the card?			
What are they doing?	Action, verb 1:	Action, verb 2:	Action, verb 3:
Where are they?			
Props, decorations, and symbols			
Mood and atmosphere?			
Tell the story Action 1 + Action 2 + Action 3			
Answer the question			



Getting to Know You

The tarot wants to speak to you. The tarot is your subconscious (or higher self or guides or Spirit) communicating with you. So it's not trying to confuse you or use vocabulary you don't understand.

Trust yourself and the process. This helps you understand the cards.

The tarot will grow with you. Just like a good friend, it will get to know you and you will get to know it. Over many years you will learn all about each other. Your discussions will get deeper and more soulful.

I wish you a long and fulfilling relationship with the tarot!



Love this? My Quick Start Tarot Kit has videos, worksheets, over thirty tarot spreads, and more! Find it at QuickStartTarot.com.



Joy Vernon is an astrologer and tarot reader in Burien, Washington. She formerly served as the Organizer of the Denver Tarot Meetup and Denver Tarot Geeks and now runs the Greater Seattle Tarot Meetup. Joy brings expertise and practiced familiarity to her specialty of esoteric tarot, which layers astrological and qabalistic symbolism onto the traditional images. Over the past twelve years, Joy has published over 300 free articles on tarot, astrology, qabalah, Reiki, and meditation on her blog Completely Joyous, <https://joyvernon.com/Blog/>. To see her philosophies in action, schedule a reading, <https://joyvernon.com/>.