

Introduction to the Empyrean Key: Tarot and Astrology for Spiritual Growth

Directions for the Simple Astrology Spread

1. Pull the Sun card to represent your Sun and place it in position 1 as indicated in the Simple Astrology Spread handout.
2. Next, determine which Major Arcana tarot card represents your Sun sign (see the list below). Place the card associated with your Sun sign in position 2 in the Simple Astrology Spread handout.

Signs:

Aries – IV Emperor

Taurus – V Hierophant

Gemini – VI Lovers

Cancer – VII Chariot

Leo – VIII Strength (this is XI Strength in some decks, or XI Lust in the Thoth deck)

Virgo – IX Hermit

Libra – XI Justice (this is VIII Justice in some decks, or VIII Adjustment in the Thoth deck)

Scorpio – XIII Death

Sagittarius – XIV Temperance (this is XIV Art in the Thoth deck)

Capricorn – XV Devil (often renamed in many modern decks, but should be XV)

Aquarius – XVII Star

Pisces – XVIII Moon

3. Examine and contemplate cards 1 and 2: the Sun in your sign. Note similarities and differences between the cards, the general emotional mood of the cards, certain details that pop out at you. Compare these thoughts to what you already know about the Sun and about your Sun sign. The Sun is considered by astrologists to represent your ego or self. Some additional keywords and ideas associated with the Sun are self-awareness, action, external, and logic. Consider how these cards represent your self. Jot down any ideas you have on the Simple Astrology Spread handout.
4. Using the phrasing indicated below, or using your own vocabulary based on your contemplation of the cards, write a statement about your new-found understanding of your self:

[Self] I am: _____ .

5. Shuffle the remainder of the deck while concentrating on the idea of finding your highest expression of the statement you wrote above. Randomly draw a card and place it in the Card 3 position of the Simple Astrology Spread. Contemplate this card, first by itself, then in relation to the first two cards. Write a statement of your understanding of this card.

My highest expression of my self is: _____ .

6. Looking at cards 1, 2, and 3, search for a detail, perhaps something that is repeated on all three cards, or a single symbol that all three cards make you think of. Choose a symbol that most clearly inspires, expresses, or summarizes the statement you made above. Jot this symbol down and sketch it in the box in the Simple Astrology Spread handout.

Symbol for self: _____

7. Write an affirmation or personal statement based on your symbol that perfectly expresses your understanding of your self, using the wording suggested below or your own phrasing.

[Affirmation] I am: _____

8. How does this statement differ from the one you wrote in step 4 above?
9. Last, summarize your personal statement with a single keyword or *very* short phrase. You are trying to find the heart of your affirmation. Write your Keyword below.

[Keyword] _____

Your symbol translates the conscious work you have done to the subconscious, where the process of transformation begins. The symbol is like a seed, and working with it through ritual and meditation is planting and tending the seed. This is the process I developed as a technique to manifest the insight we receive from the tarot, and, by working in the context of the natal chart, to realize our highest potential.

A few ways to work with your symbol:

- ◆ Draw your symbol and write your affirmation on a piece of paper and place it where you can see it often
- ◆ Use the symbol, keyword, and affirmation in ritual – for instance, carve your symbol and keyword on a candle of an appropriate color and light it while saying your affirmation. Meditate on expressing the qualities of your highest self while it burns.
- ◆ Meditate on your symbol – Contemplate it quietly for a few minutes every day
- ◆ Create something using the symbol
- ◆ Explore it on the inner planes – Sitting comfortably in a chair or lying down, enter a meditative state (such as through performing slow, rhythmic breathing) and then see in your mind’s eye a door with your symbol on it. When you see the door and the symbol quite clearly, imagine yourself getting up and going to the door, opening it, and passing through it. Where are you? What do you see? State the intention that you would like more information on your symbol or on how your symbol can help you. If you like, invoke your guide to help you in your search. Explore this other dimension looking for info on your symbol, or ask your guide questions about it. When you’re done, thank your guide and return through the door. Close it firmly, then visualize your astral body entering back into your physical body.
- ◆ Cut out your symbol and tape it to your water bottle
- ◆ Place your symbol under your pillow or near your bed; ask to receive dreams about it
- ◆ Get it tattooed on your body (henna is ok, or even draw it with a Sharpie!)
- ◆ Use icing to decorate cookies or cupcakes with your symbol
- ◆ Make up your own fun, helpful or crazy ways to make your symbol part of your life!

For classes in the Empyrean Key, visit the Denver Tarot Geeks

- <http://www.meetup.com/Denver-Tarot-Geeks/>
- Meets the second and fourth Sundays of the month
- All classes at Lighthouse Writers Workshop, 2123 Downing Street, Denver, CO 80205

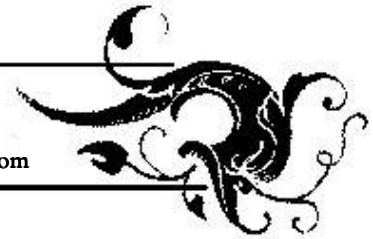
Also: Empyrean Key Transformational Guidance with Joy

Break through blocks and align yourself with universal harmony so you can manifest your highest potential! I can guide you in your own manifestation of your higher self through regular consultations. For more information on this in-depth experience, visit <http://joyvernon.com/> or e-mail joy@joyvernon.com.



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Simple Astrology Spread: Tarot Spread for Chart Interpretation

Day of the Week _____ Date _____ Time _____

Moon Phase _____ Deck _____ Spread Simple Astrology

Your Sun Sign: _____

1

Card 1: Sun
Use the Sun card here.

3

Card 3: Highest Expression
What is my highest expression of
Cards 1 and 2? Draw randomly.

2

Card 2: Sign
Select the Major Arcana card associated with
your sun sign. Refer to the DIRECTIONS
handout, bullet point 2.

Write an affirmation or personal statement based on your symbol that perfectly expresses your understanding of your self, using the wording suggested below or your own phrasing. (Copy from DIRECTIONS bullet point 7.)

[Affirmation] I am: _____

Last, summarize your personal statement with a single keyword or *very* short phrase. You are trying to find the heart of your affirmation. Write your Keyword below. (Copy from DIRECTIONS bullet point 9.)

[Keyword] _____

Draw your symbol here: